



Dear STPA Parents,

On Friday, November 11, 2016, STPA's PSTO will be hosting its Third Annual Spartan Olympic Day. The purpose of this day is to encourage our student body to make healthier life style choices by encouraging them to be physically active and make healthier food choices.

The day will begin with a school-wide patriotic assembly, followed by the 5K run around the school grounds. All students are expected to complete the 5K and make a minimum pledge of \$5.00. Parents, teachers, and staff are encouraged to participate as well. After the run, all students will gather in the gym to take part in various health and physical fitness booth activities intended to promote healthy life styles. A special cafeteria lunch and all snacks provided will be "healthier" options. The day's events will continue with school-wide mini competitive sport challenges. The student body will compete by SAM classes, in volleyball, basketball, soccer, and other sports. Students and teachers will receive a team T-shirt to represent their SAM class. The day will conclude with an award ceremony in the gym.

Each year PSTO chooses a local non-profit organization to help raise awareness about. This year, students are encouraged to help raise funds for the *South Texas Juvenile Diabetes Association*, a foundation dedicated to supporting and advocating for children with diabetes and their families in the RGV. Fifty percent of the pledges raised for the 5K will be donated to the organization. Students will compete to raise the most money in each of their SAM classes. There will be a prize for the class that raises the most money.

Third Annual Spartan Olympic Day 5K Pledge

I pledge to participate in the Third Annual Spartan Olympic Day 5K to raise funds for the South Texas Juvenile Diabetes Association. I have included my \$5.00 minimum pledge as well pledges collected in advance from family and friends.

Checks should be made payable to STPA PSTO.

Student's Name: _____ SAM Class: _____

TOTAL PLEDGE AMOUNT \$ _____

*Don't forget to ask relatives, friends, neighbors, and your parent's co-workers to pledge. Everyone loves to support a good cause so don't be afraid to ask!