



Mother-Daughter Program

Program Overview:

Mother-Daughter Program is based on improving mother/daughter relationships and offering participants the opportunity to explore their cultural identity in an effort to boost self-esteem and level of confidence for both mothers and daughters. The Mother-Daughter Program targets females currently in the seventh or eighth grade level and their mothers, which encourages and supports the completion of high school as well as the pursuit of higher education in the fields of Science, Technology, Engineering and Mathematics (STEM). MDP provides monthly workshops, seminars, and meetings, including school based sessions, evening based sessions and special events. MDP focuses on two essential components: Personal Growth and Leadership Development - while addressing the areas of Academic Enrichment, Career Exploration, Cultural Diversity, Community Outreach, and Social Development. The MDP works under The University of Texas-Rio Grande Valley to facilitate its services for MDP participants.

Services:

- **School Based Sessions** - 7 sessions of 1-hour, held ONCE A MONTH during the week. These sessions take place during school hours and are designated for daughters only. These sessions provide an opportunity for students to discuss their academic and personal needs.
- **Evening Sessions** - Sharing time sessions are 1-hour to 2-hour sessions held EVERY OTHER MONTH during the week at evening hours assigned by each school. These bimonthly sessions are designated for both mothers and daughters from the same school district to spend quality time together as they develop personal growth and leadership skills.
- **Special Projects** - Saturday events are for all mother-daughter teams from all schools districts. Most events will take place at the UTRGV campus. These events are typically four to six hour workshops designed to provide an opportunity for the MDP teams to meet and share experiences with other members outside their school or district.
- **Community Service Events** - Community Service events are pre-planned activities by the MDP staff that allow the MDP Teams to serve their community. These events are typically four to six hour workshops.

Objectives:

- Parental Involvement & Commitment to Educational Success
- Readiness for Higher Education & STEM Careers
- Recruitment & Retention

Summer GAMES Camp

Hosted on The University of Texas Rio Grande Valley campus in Edinburg, Girls Adventuring in Math, Engineering, and Science (GAMES) is an all expense paid, one week residential summer camp program. The GAMES Camp gives students the opportunity to explore exciting engineering and scientific fields through: demonstrations, classroom presentations, hands-on activities, and contact with women professionals in Science Technology Engineering Mathematics (STEM) fields during the summer. Students live on campus for approximately one week and experience college life.

Target Audience

The MDP at UTRGV presently serves teams from the Hidalgo to Cameron County area, with interest in expanding across the Rio Grande Valley. Participating schools pay a fee per team for a minimum of 10 teams per school—girls must be in the 7th and 8th grade.

